



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# COME AS YOU ARE

## Child Watch & Kids Club

We know firsthand how difficult it can be to find balance in life. That's why we're here every day, making sure that all people have the resources and support needed to learn, grow and thrive. We've heard from YOU that it can be difficult for working and military families to have a set schedule and make reservations in our Child Watch and Kids Club. Many families in our community need flexible options to be able to get healthy on their own terms. **We're excited to announce that we have removed the requirement for our members to make a reservation.** (Effective August 4, 2014)

We're adding staff to accommodate more children in our Child Watch and Kids Club programs without the need for prior reservations. We anticipate being able to serve more children with minimal impact due to capacity. We're utilizing more facility space to offer structured activities and increase capacity. We're excited to be able to keep our safety ratios consistent while offering more families the ability to join us.

For our Kids Club members (ages 7-12), we are now offering 7 kid-friendly group exercise classes. In order to participate in group exercise offerings, Kids Club members are required to wear appropriate activity/exercise attire – including close-toed shoes. Water bottles and towels are encouraged, but not required.

### FAQ's

(1) **Does this mean I'll never have to wait to get checked in to Child Watch or Kids Club?**

While our goal is to provide easy access to this member benefit, we have high-volume times generally from 8-10 am and 5-7 pm during the week. There may be wait times, particularly during these times. Most of our high-volume times in Child Watch and Kids Club coincide with our most well-attended group exercise classes.

(2) **Do Kids Club members have to participate in the fitness classes?**

Our kids are encouraged to take part in healthy living through fitness classes, but we can always accommodate other activities or interests to ensure our kids enjoy their experiences.

(3) **Am I able to call to check on availability?**

You're always welcome to call us if it's convenient. Our staff will be able to tell you about the availability at the time you call but unable to tell you about later times in the day.

