

FACILITIES



SOUTH BAY FAMILY YMCA

MAIN FACILITY

1201 Paseo Magda, Rancho Del Rey
Chula Vista 91910

- 2 Fitness Centers
- 3 Pools and a Spa
- 2 Group Exercise Rooms
- Free Weights
- Strength Training Machines
- Cardiovascular Machines
- Kidz Zone
- Playground



SOUTH BAY FAMILY YMCA • KARI LYN SUTHERLAND

GYMNASTICS CENTER & FAMILY SPORTS COMPLEX

2390 Boswell Road, Eastlake
Chula Vista 91914

- Complete Gymnastics Center
- Basketball Court
- Volleyball Court
- Dance & Group Exercise Room
- GymVenture Room
- Viewing Area
- Snack Bar & Lounge



SOUTH BAY FAMILY YMCA • GOODRICH

TEEN CENTER

820 Paseo Ranchero, Rancho Del Rey
Chula Vista 91910

- Computer Lab
- DJ Studio
- Lounge
- Performance Stage
- Gaming Area
- Snack Bar



NATIONAL CITY

BAY FRONT AQUATIC CENTER

OPERATED BY THE SOUTH BAY FAMILY YMCA
3330 Tidelands Parkway, Pepper Park
National City 91950

- Kayaking Lessons
- Kayaking Day Camps
- Kayaking Club